



What's a Health Care Directive?

An Advanced Health Care Directive, also known as The Living Will, is a document where you nominate a 3rd party, called “Agent for Health Care Decisions” to make these decisions for you in the event you are not able.

It’s effective once incapacity is declared by a court or two physicians, and will become invalid should you get better.

The document also allows you to state your preferences regarding important end of life decisions, like organ donation, burial and funeral issues, as well as life support.

The document is important for everyone over the age of 18, regardless of their marital status, because even spouses do not have as much access and rights as an Agent properly named in a valid Advance Health Care Directive.

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